

East Islip Public Library  
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# GREAT READING FOR ANY SEASON EAST ISLIP PUBLIC LIBRARY



# Great Reading for Any Season East Islip Public Library 2009

## Introduction

“Great Reading for Any Season” is a labor of love for the East Islip Public Library adult, young adult and children’s librarians. As we order and read books throughout the year, we keep in mind all of the special titles we want to share with you, and put into this publication. We also recommend good things to read in many other ways throughout the year. Look for our “Books of Note” section in each Librafax Newsletter, our many themed book displays throughout the library, the online version of this publication on the Reader’s Corner of the web page ([www.eipl.org](http://www.eipl.org)), or attend a session of our monthly Book Discussion Group, or bi-monthly Non-Fiction Discussion Group.

We love to hear from you about the books that you especially like or that have moved you in a special way. Stop by the Reference Desk and let us know.

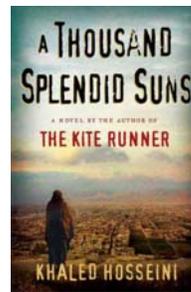
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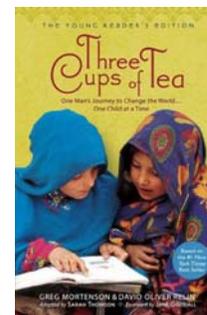
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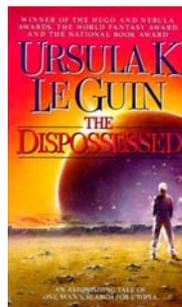
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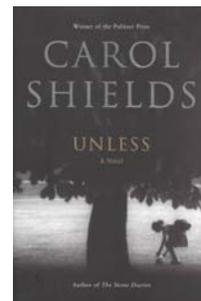
*A Thousand Splendid Suns*  
by Khaled Hosseini



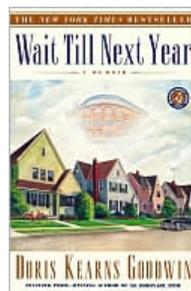
*Three Cups of Tea*  
by Greg Mortenson David  
Oliver Relin



*The Dispossessed*  
by Ursula K. Le Guin



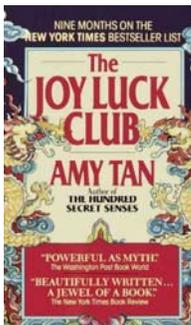
*Unless*  
by Carol Shields



*Wait Till Next Year*  
by Doris Kearns Goodwin



*Nineteen Minutes*  
by Jodi Picoult



*The Joy Luck Club*  
by Amy Tan



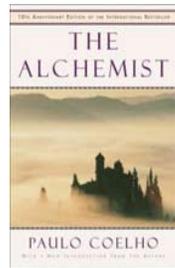
*Leviathan: The History of  
Whaling in America*  
by Eric Jay Dolin



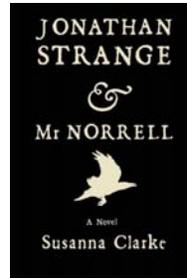
*Brick Lane*  
by Monica Ali

*Book Discussion Books*  
2009

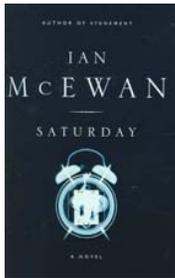
*Table of Contents*



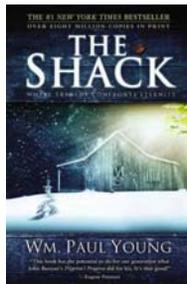
*The Alchemist*  
by Paulo Coelho



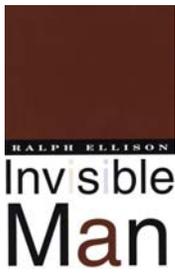
*Jonathan Strange & Mr. Norrell*  
by Susanna Clarke



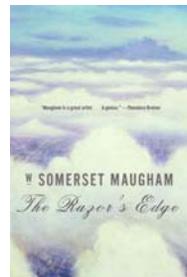
*Saturday*  
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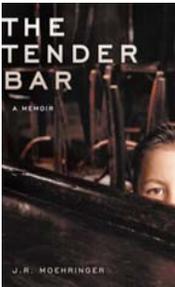
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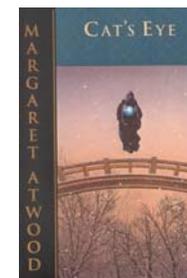
*Invisible Man*  
by Ralph Ellison



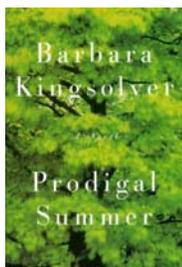
*The Razor's Edge*  
by W. Somerset Maugham



*The Tender Bar*  
by J.R. Moehringer



*Cat's Eye*  
by Margaret Atwood



*Prodigal Summer*  
by Barbara Kingsolver

<u>Title</u>	<u>Page</u>
Introduction	2
Table of Contents	3
Staff Favorites	4
Career Books	5
YA Books	6-7
Science Fiction/Fantasy	8-9
Graphic Novels	10-11
Non-Fiction Books	12
Art Books	13
Mystery and Suspense	14-15
Health	16-17
Cookbooks	18-19
Fiction Books	20-21
Romance	22
Biography	23
Sports	24-25
Children's Books	26-27
Reference Books	28
Computer Books	29
Book Discussion Books 2009	30-31

# Staff Favorites

***Vanished Smile: The Mysterious Theft of the Mona Lisa*** by R.A. Scotti [759.5 SCO]

One day in 1911, the Mona Lisa was stolen straight off the walls of the Louvre. Believe it or not, security was so bad that it took over 24 hours for anyone to even notice that the painting was missing, giving the thief (or thieves) plenty of time to make a clean getaway. This is the engaging tale of one of the most bizarre crimes in history – a theft that would shake up France, lead to the arrest of prime suspect Pablo Picasso, and help turn the Mona Lisa into the most famous and beloved painting in the world.

*Favorite pick by Brian Bonelli*

***A Fortunate Age*** by Joanna Smith Rakoff (RAK)

A group of 1990s-era Oberlin graduates forge a friendship based on shared dreams, but as they all end up in New York City, and have to deal with real life and real relationships, and the aftermath of 9/11, their loyalties are tested.

*Favorite pick Jo-Ann Carhart*

***Mystery of the Third Lucretia*** by Susan Runholt  
(YA Mys Run)

While traveling in London, Paris, and Amsterdam with her mother, fourteen-year-old Kari and her best friend Lucas, solve a major international art forgery mystery.

*Favorite pick Jo-Ann Carhart*

***Cutting for Stone*** by Abraham Verghese

Focusing on the world of medicine, this epic first novel follows a man on a mythic quest to find his father. It begins with the dramatic birth of twins slightly joined at the skull, their father serving as surgeon and their mother dying on the table. The horror-struck father vanishes, and the now separated boys are raised by two Indian doctors living on the grounds of a mission hospital in early 1950s Ethiopia. The boys both gravitate toward medical practice, with Marion the more studious one and Shiva a moody genius and loner. Also living on the hospital grounds is Genet, daughter of one of the maids, who grows up to be a beautiful and mysterious young woman and a source of ruinous competition between the brothers. After Marion is forced to flee the country for political reasons, he begins his medical residency at a poor hospital in New York City, and the past catches up with him.

*Favorite pick Deborah Elwarari*

***Born to Run: A Hidden Tribe, Superathletes, and the Greatest Race the World Has Never Seen***, by Christopher McDougall [796.42 MAC]

A journalist's travels to a secluded Mexican community made up of the best endurance athletes in the world. Part adventure, part history, part training manual, the story culminates in a final 50-mile showdown between the world's best ultramarathoners and the Mexican tribesmen.

*Favorite pick Gus Isaksson*

***Shiver*** by Maggie Stiefvater [YA Sti]

In all the years she has watched the wolves in the woods behind her house, Grace has been particularly drawn to an unusual yellow-eyed wolf who, in his turn, has been watching her with increasing intensity.

*Favorite pick Kassia Worst*

# Computer

**Is It Safe? :**

**Protecting Your Computer, Your Business, & Yourself Online**  
By Michael Miller [005.8 MIL]

Written for the layman, yet including all the information necessary to protect your computer from the latest security threat, the book breaks down the different topics and goes over how to protect your computer and your personal information from each possible threat. The book includes everything from antivirus programs, spam blockers, phishing schemes, to email scams, etc.

**iPod : The Missing Manual**

By J.D. Biersdorfer with David Pogue  
[006.5 BIE]

A fun and easy way to discover all the capabilities your iPod has.

**PowerPoint 2007 Graphics & Animation Made Easy**

By S.E. Slack  
[005.58 SLA]

Slack shows you how to enhance your presentations with tools and techniques such as WordArt, SmartArt, charts, audio, and motion graphics. You will be able to build professional presentations with rich images, special effects, and high-impact animations that will captivate your audience.

**iPhoto '09 for Dummies**

By Angelo Micheletti  
[006.6696 MIC]

You'll learn to clean up and enhance your photos, print them or upload them to a sharing site online, create cool projects, protect and secure your pictures, and make photography more fun. This full-color guide shows you how, and even helps you shoot future photos with an eye to iPhoto's capabilities.

*Best Picks By Danielle Melia*

# Reference Books

Ref 796.332 Boy *The USA Today College Football Encyclopedia*  
The history of football from 1953 to the present. A huge 1,300 page book filled with information and statistics. It includes 70 major football schools, 7,000 game recaps, team lineups, and reviews.

Ref 610.25 Con *America's Top Doctors for Cancer*  
After a description of how to use the book, the listings are by specialty, and then regionally within the specialty. The regions are broad (New England, Mid Atlantic, Mid West, Great Plains, South-west and the West Coast). There is also an alphabetical list of doctors and a list of those with special expertise.

Ref 728.097 Gre *The Greenwood Encyclopedia of Homes Through American History*  
The four volumes are arranged chronologically, 1492-1820, 1821-1900, 1901-1945, & 1946-present. The entries include information on manufactures, furniture, decor, landscaping and building materials. There is a small section on Levittown. Fans of Frank Lloyd Wright will see his houses pictured.

Ref 343.73 Sti *American Recovery and Reinvestment Act of 2009*  
The official text of Public Law 111-5.

Ref 616.003 Fre *UXL Encyclopedia of Diseases and Disorders*  
A five-volume set of encyclopedias. Each entry includes words to know, definitions, a description, diagnosis, treatment, prevention information, the future, a bibliography, and web sites.

Ref 363.7 Liv *Living Green*  
A nine-book set that covers; Oceans, Islands, and Polar Regions, Forests and Wetlands, Producing and Obtaining Food, Pollution, Green Transportation, Mountains, Deserts, and Grasslands, Consumable Goods, Durable Goods, and Green Buildings.

Ref 427 Oxf *Stone the Crows: Oxford Dictionary of Modern Slang*  
This book lists more than 6,000 slang words and their origins. Some are; cowabunga, dis, fender bender, gross-out, go postal, stinkeroo, wannabe, wuss, and yikes.

Ref 791.4302 Fiv *501 Movie Directors*  
The directors are arranged by their birth year. Each entry includes a quote, a list of films, and biographical information. There are color illustrations.

Ref 749.213 Saf *American Furniture in the Metropolitan Museum of Art*  
Furniture from the early colonial period. It covers seating, tables and case furniture. The reproductions are big, clear and in color.

Ref 681.114 THO *The History of Watches*  
This is a glossy history of watches, listed chronologically by watchmaker or watch company. The illustrations are beautiful. You will recognize names like Swatch, Casio, Omega, Bulova, Rolex, and Longines. It includes pocket watches and watches with astronomical dials.

*Best picks by Jo-Ann Carhart*

# Career

## **Bulletproof Your Job: 4 Simple Strategies to Ride Out the Rough Times and Come Out on Top at Work**

by Stephen Viscusi  
650.1 Vis

In these rough economic times, it seems that no job is truly safe. This book gives readers tips that guarantee job security. Although some of this advice may seem obvious (such as dressing well and spell checking all your written documents), it's easy to forget the little things once you've been at a job for a while and are under the false assumption that you are indispensable.

## **Career Renegade: How to Make a Great Living Doing What You Love**

by Jonathan Fields  
650.14 FIE

One of the keys to living a happy and fulfilling life is to find a way to get paid to do something you are passionate about, but that's easier said than done. The sad reality is that many people feel hopelessly trapped in jobs that they hate. Author Jonathan Fields was once in that position, and now that he's escaped the rat race, he wants to liberate others with this book.

## **How I Made My First Million on the Internet and How You Can Too!**

by Ewen Chia  
658 CHA

Author and self-made millionaire Ewen Chia found his fortune through the Internet. In this book, he outlines the necessary steps to establish and maintain a profitable business online.

## **Think Like a Champion: An Informal Education in Business and Life**

by Donald Trump  
650.1 TRU

Donald Trump, host of the popular *Apprentice* TV series, offers another book filled with pearls of wisdom regarding life and business. Chapters include: The Importance of Being a Team Player, Strive for Wholeness, Confronting Your Fears, Imagination: A Key to Financial Savvy, Think Like A Genius, and How to Get Rich.

*Best picks by Brian Bonelli*

## Young Adult Books

**Along for the Ride** by Sarah Dessen [YA Des]

When Auden impulsively goes to stay with her father, stepmother, and new baby sister the summer before she starts college, all the trauma of her parents' divorce is revived, even as she is making new friends and having new experiences such as learning to ride a bike and dating.

**Bait** by Alex Sanchez [YA San]

Diego keeps getting into trouble because of his explosive temper until he finally finds a probation officer who helps him get to the root of his anger so that he can stop running from his past.

**Cold Hands, Warm Heart** by Jill Wolfson [YA Wol]

After sixteen-year-old Tyler convinces his parents to donate the organs of his fourteen-year-old sister, who died during a gymnastics meet, he writes letters to the recipients, including Dani, who finally has a chance at normalcy after living fifteen years with a congenital heart defect.

**The Demon's Lexicon** by Sarah Rees Brennan [YA FANTASY Bre]

Sixteen-year-old Nick and his family have battled magicians and demons for most of his life, but when his brother, Alan, is marked for death while helping new friends Jamie and Mae, Nick's determination to save Alan leads him to uncover a devastating secret.

**The Disreputable History of Frankie Landau-Banks** by E. Lockhart [YA Loc]

Sophomore Frankie starts dating senior Matthew Livingston, but when he refuses to talk about the all-male secret society that he and his friends belong to, Frankie infiltrates the society in order to enliven their mediocre pranks.

**Dull Boy** by Sarah Cross [YA SF Cro]

Avery, a teenaged boy with frightening super powers that he is trying to hide, discovers other teenagers who also have strange powers and who are being sought by the icy and seductive Cherchette, but they do not know what she wants with them.

**Graceling** by Kristin Cashore [YA FANTASY Cas]

In a world where some people are born with extreme and often-feared skills called Graces, Katsa struggles for redemption from her own horrifying Grace, the Grace of killing, and teams up with another young fighter to save their land from a corrupt king.

**Hunger Games** by Suzanne Collins [YA Col]

In a future North America, where the rulers of Panem maintain control through an annual televised survival competition pitting young people from each of the twelve districts against one another, sixteen-year-old Katniss's skills are put to the test when she voluntarily takes her younger sister's place.

**We Are the Ship: The Story of Negro League Baseball** by Kadir Nelson

This fascinating and well-documented history of Negro League Baseball is told in the voice of an "everyman" narrator. Dignified, riveting full-page illustrations capture the spirit of these larger-than-life men who loved the game, despite the prejudice they faced. (2009 Sibert Medal Book, Coretta Scott King Author Award, and CSK Illustrator Honor Book) [J 796.357 NEL]

**Knucklehead: Tall Tales & Mostly True Stories About Growing Up Scieszka** by Jon Scieszka

A hilarious saga of growing up in a household with five brothers during the 1950's and 1960's by the National Ambassador for Young People's Literature, illustrated with candid pictures from the period. [JB SCIESZKA]

**The House in the Night** by Susan Marie Swanson

This timeless bedtime verse offers reassurance to young children that there is always light in the darkness. Elegant lines with touches of golden watercolor, evoke the warmth and comfort of home, as well as the joys of exploring the wider world. (2009 Caldecott Medal Book) [E SWA]

**Standing for Socks** by Elissa Brent Weissman

At the end of fifth grade, Fara decides to wear mismatched socks as a statement of individuality, but once middle school starts and she wants to be known for her ideas rather than her clothing, she feels burdened by an image that she no longer wants. [J WEI]

**Are You Ready to Play Outside?** by Mo Willems

Easily approachable text and expressive drawings tell the story of Piggie and Gerald who experience the ups and downs of a rainy day. (2009 Geisel Award Book) E 428 WIL

# Children's Books

## **Frogs by Nic Bishop**

The author presents significant facts about frogs through clear text, augmented with fascinating photographs of species around the world. Even the frog-phobic will be fascinated! [J 597.8 BIS]

## **Wolfsnail: A Backyard Predator by Sarah C. Campbell**

Magnified photographs and informative text provide a nonfiction look at the carnivorous wolfsnail trapping and devouring its victim. This science book will amaze you. (2009 Geisel Honor Book) [E 594.38 CAM]

## **Counter Clockwise by Jason Cockcroft**

With the aid of Bartleby, an enormous Tower of London guard known as a Beefeater, Nathan travels through time to stop his father from changing the past. [J SF COC]

## **Maybe a Bear Ate It! by Robie H. Harris**

When a favorite book goes missing, our frantic narrator conducts a frenzied search, imagining the worst. Cartoonish art illustrates the emotions of losing and finding a cherished object. [E HAR]

## **Philippa Fisher's Fairy Godsister by Liz Kessler**

Philippa Fisher is just your average 11 year old but that changes when Daisy, her fairy godsister, enters her life. [J FAN KES]

## **Savvy by Ingrid Law**

This rich first-person narrative draws readers into a wild bus ride, winding through the countryside on a journey of self-discovery for Mibs Beaumont and her companions. (2009 Newbery Honor Book) [J FAN LAW]

✔ **If I Stay** by Gayle Forman [YA For]  
✔ While in a coma following an automobile accident that killed her parents and younger brother, seventeen-year-old Mia, a gifted cellist, weighs whether to live with her grief or join her family in death.

✔ **Impossible** by Nancy Werlin [YA FANTASY Wer]  
✔ When seventeen-year-old Lucy discovers her family is under an ancient curse by an evil Elfin Knight, she realizes to break the curse she must perform three impossible tasks before her daughter is born in order to save them both.

✔ **Jessica's Guide to Dating on the Dark Side** by Beth Fantaskey [YA Fan]  
✔ Seventeen-year-old Jessica, adopted and raised in Pennsylvania, learns that she is descended from a royal line of Romanian vampires and that she is betrothed to a vampire prince, who poses as a foreign exchange student while courting her.

✔ **King of the Screwups** by K.L. Going [YA Goi]  
✔ After getting in trouble yet again, popular high school senior Liam, who never seems to live up to his wealthy father's expectations, is sent to live in a trailer park with his gay "glam-rocker" uncle.

✔ **A Map of the Known World** by Lisa Ann Sandell [YA San]  
✔ Devastated, along with her parents, by the death of her older brother and apprehensive about being a freshman in the same high school he attended, fourteen-year-old Cora finds unexpected solace in art.

✔ **Marcelo in the Real World** by Francisco X. Stork [YA Sto]  
✔ Marcelo Sandoval, a seventeen-year-old boy on the high-functioning end of the autistic spectrum, faces new challenges, including romance and injustice, when he goes to work for his father in the mailroom of a corporate law firm.

✔ **Nation** by Terry Pratchett [YA Pra]  
✔ After a devastating tsunami destroys all that they have ever known, Mau, an island boy, and Daphne, an aristocratic English girl, together with a small band of refugees, set about rebuilding their community and all the things that are important in their lives.

✔ **Playing With Matches** by Brian Katcher [YA Kat]  
✔ While trying to find a girl who will date him, Missouri high school junior Leon Sanders befriends a lonely, disfigured female classmate.

*Best Picks by Kassia Worst*

# Science Fiction/Fantasy

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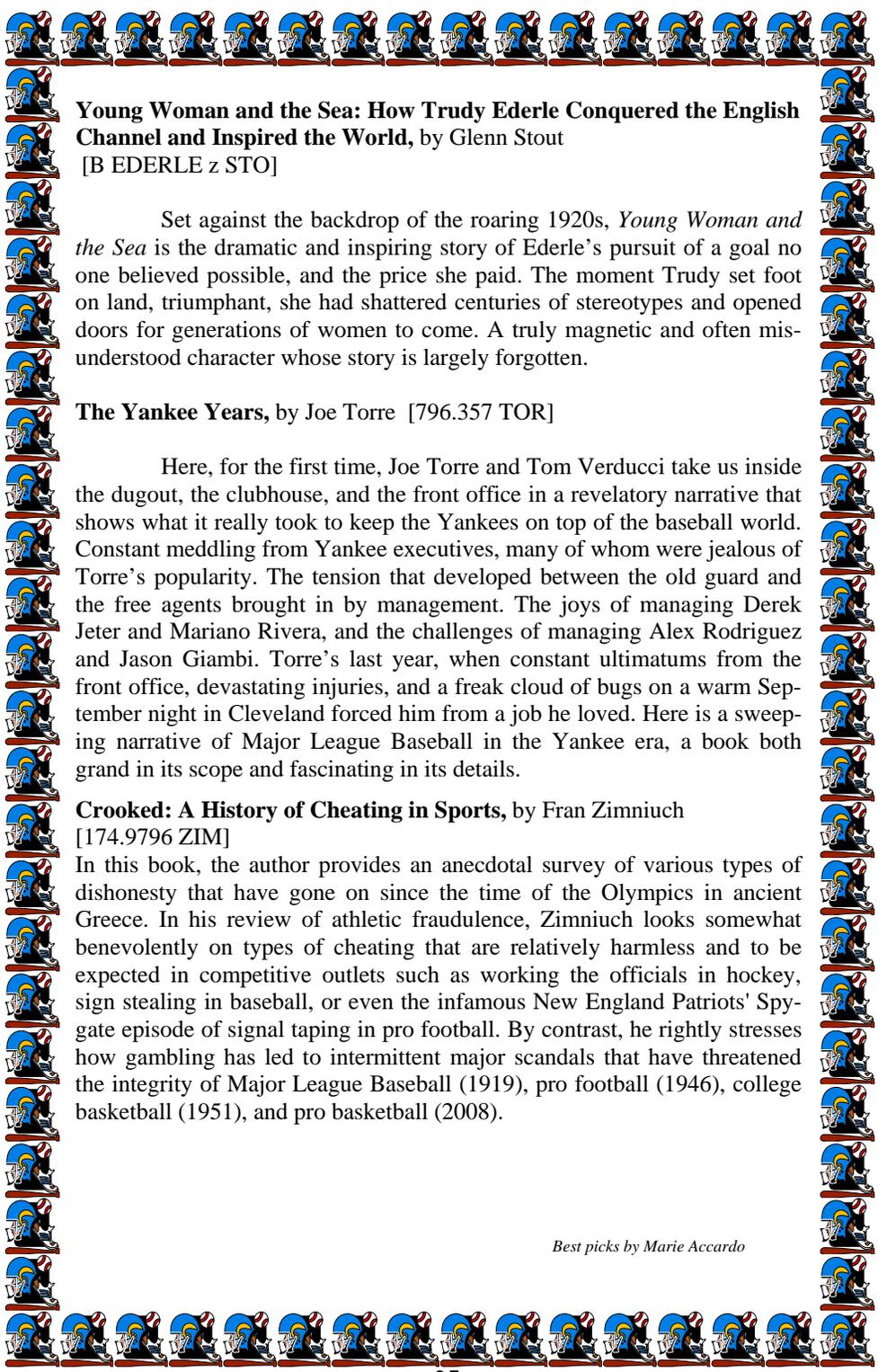
★ **The Alchemy of Stone** by Ekaterina Sedia  
★ With a face made of porcelain, a wind-up heart, and a talent  
★ for alchemy, Mattie is hardly a typical science fictional ro-  
★ bot. While most novels about robots focus on how these hu-  
★ manoid machines are stronger and smarter than humans,  
★ Ekaterina Sedia's *The Alchemy of Stone* explores the vulner-  
★ ability of mechanical beings who depend on humans for re-  
★ pairs and survival Sedia's focus on Mattie's relationship with  
★ her creator allows her to grapple with the tiny power strug-  
★ gles inherent in all human relationships — especially those  
★ between men and women.

★ **Matter** by Iain M. Banks  
★ Iain M. Banks is the master of narrative zoom and pan: one  
★ minute he'll bring you in very close to a tiny moment in one  
★ person's life as she mourns the death of a brother, and the  
★ next you'll be spinning in deep space staring at a super mas-  
★ sive artificial world created by liquid-breathing aliens, mil-  
★ lions of miles long, made of enormous braided tubes. In a dis-  
★ tant-future human-machine symbiotic society of seemingly  
★ unlimited technological capability, the Culture is threatened  
★ by ongoing wars, political upheavals, and alien intruders.

★ **Anathem** by Neal Stephenson  
★ Having lived in a monastery since childhood away from the  
★ violent upheavals of the outside world, Raz becomes one of  
★ a group of formerly cloistered scholars who are appointed by  
★ a fear-driven higher power to avert an impending catastro-  
★ phe.

★ **The Drowned Life (P.S.)** by Jeffrey Ford  
★ In this mesmerizing blend of the familiar and the fantastic,  
★ notable author Jeffrey Ford creates true wonders and in-  
★ fuses the mundane with magic. In tales marked by his distinc-

\*\*\*\*\* 8 \*\*\*\*\*



**Young Woman and the Sea: How Trudy Ederle Conquered the English Channel and Inspired the World**, by Glenn Stout  
[B EDERLE z STO]

Set against the backdrop of the roaring 1920s, *Young Woman and the Sea* is the dramatic and inspiring story of Ederle's pursuit of a goal no one believed possible, and the price she paid. The moment Trudy set foot on land, triumphant, she had shattered centuries of stereotypes and opened doors for generations of women to come. A truly magnetic and often misunderstood character whose story is largely forgotten.

**The Yankee Years**, by Joe Torre [796.357 TOR]

Here, for the first time, Joe Torre and Tom Verducci take us inside the dugout, the clubhouse, and the front office in a revelatory narrative that shows what it really took to keep the Yankees on top of the baseball world. Constant meddling from Yankee executives, many of whom were jealous of Torre's popularity. The tension that developed between the old guard and the free agents brought in by management. The joys of managing Derek Jeter and Mariano Rivera, and the challenges of managing Alex Rodriguez and Jason Giambi. Torre's last year, when constant ultimatums from the front office, devastating injuries, and a freak cloud of bugs on a warm September night in Cleveland forced him from a job he loved. Here is a sweeping narrative of Major League Baseball in the Yankee era, a book both grand in its scope and fascinating in its details.

**Crooked: A History of Cheating in Sports**, by Fran Zimniuch  
[174.9796 ZIM]

In this book, the author provides an anecdotal survey of various types of dishonesty that have gone on since the time of the Olympics in ancient Greece. In his review of athletic fraudulence, Zimniuch looks somewhat benevolently on types of cheating that are relatively harmless and to be expected in competitive outlets such as working the officials in hockey, sign stealing in baseball, or even the infamous New England Patriots' Spy-gate episode of signal taping in pro football. By contrast, he rightly stresses how gambling has led to intermittent major scandals that have threatened the integrity of Major League Baseball (1919), pro football (1946), college basketball (1951), and pro basketball (2008).

*Best picks by Marie Accardo*



# Graphic Novels

## **Neil Gaiman's Murder Mysteries adapted for comics by P. Craig Russell**

**741.5 RUS**

In this graphic novel angelic hosts labor to create the world when they find that one of their number has been killed by one of their own, which prompts Lucifer to dispatch Ragual, Angel of Vengeance, to find the culprit.

## **Blankets: an illustrated novel by Craig Thompson**

**741.5973 THO**

Wrapped in the landscape of a blustery Wisconsin winter, Blankets explores the sibling rivalry of two brothers growing up in the isolated country, and the budding romance of two coming-of-age lovers. A tale of security and discovery, of playfulness and tragedy, of a fall from grace and the origins of faith. A profound and utterly beautiful work from Craig Thompson.

## **With the Light Raising an Autistic Child by Keiko Tobe**

**741.5973 TOB**

In this alternately heartwarming and bittersweet tale, a young mother tries to cope with both the overwhelming discovery of her child's autism and the trials of raising him while keeping her family together. This is a story that resonates not only for those whose families have been affected by autism, but also for all past, present, and future parents.

## **Pride of Baghdad: inspired by a true story by Brian Vaughan**

**FIC VAU**

Inspired by true events, this provocative graphic novel examines life on the streets of war-torn Iraq, raising questions about the true meaning of liberation through the experiences of four lions that escaped from the Baghdad Zoo during an American bombing raid in the spring of 2003.

## **Young Adults**

## **Janes in Love by Cecil Castellucci**

**YA COMIC JAN**

The Janes prevail as they continue with their undercover art, despite police pursuits, romantic woes, lack of funds and internal turmoil.

## **Hellboy. Wake the Devil by Mike Mignola**

**YA COMIC HEL second edition**

After appearing at every major disaster and horrific occurrence over the past 150 years, the same man now appears in Hellboy's world, and Hellboy and his team must track him down and stop him from doing the damage he is known to do.

# BIOGRAPHY

## **The Night of the Gun: a Reporter Investigates the Darkest Story of His Life, His Own**

By David Carr

Carr

The author relates the story of his years as an addict and chronicles his journey from crack-house regular to a columnist for The New York Times and then on to bouts with alcoholism. As Carr investigates those years he finds that the memories we cling to are not always wholly accurate.

## **Corporal Was a Pitcher: The Courage of Lou Brissie**

By Ira Berkow

796.357092 BER

Brissie, a promising major league prospect, had his leg nearly blown off by a mine in World War II. After begging doctors to save his leg, he made it to the majors wearing a metal brace. Berkow's moving book relates the strength of character that helped Brissie forge a respectable career and an exemplary post-baseball life.

## **Cheever: A Life**

By Blake Bailey

B Cheever z Bai

This full biography of Cheever's life relates the conflicts that drove this high school dropout to become one of the most important literary figures in 20<sup>th</sup> century America while torturing his soul: the homophobe who struggled with his desire for men, the critic of suburbia who became too comfortable in his middle class surroundings, the alcoholic who recovered enough to create his masterpieces. Sure to spur you to read the work of this important American author.

## **American Lion: Andrew Jackson in the White House**

By John Meacham

B JacksonZMea

A highly readable account of the turbulent era of the man considered to be the father of the modern presidency. Meacham's work goes inside the Jackson White House to detail the human drama that shaped Jackson's presidency.

## **The Man Who Created Sherlock Holmes : The Life and Times of Sir Arthur Conan Doyle**

By Andrew Lycett

B Doyle Z Lye

The most comprehensive and sympathetic portrait of Sir Arthur Conan Doyle's personal journey from student to doctor to world-famous author. Lycett studies newly available documents to piece together the enigma that was Doyle. Specifically, Lycett examines how the scientific Doyle developed such a keen belief in the afterlife and spiritualism. A fascinating look into an infrequently studied author.

*Best picks by Gus Isaksson*

# Romance

Macomber, Debbie

## *Twenty Wishes*

Four widows meet at Anne Marie Roche's Seattle book store shortly before Valentine's Day and create a list of twenty things they always wanted to do.

Wiggs, Susan

## *Snowfall at Willow Lake*

International lawyer Sophie Bellamy has dedicated her life to helping people in war-torn countries. But when she survives a hostage situation, she remembers what matters most—the children she loves back home. When she returns home, in addition to reuniting with her family, she becomes attracted to local vet, Noah Shepherd.

Gibson, Rachel

## *Not Another Bad Date*

After Adele Harris lost her first true love, Zach, to another, she felt her love life was cursed, until she moves back home to help her divorcing sister and finds Zach back in her life.

Laurens, Stephanie

## *Where the Heart Leads*

Society belle, Penelope has devoted her will and intelligence to caring for London's orphans, but now her charges are disappearing. She turns to Barnaby Adair for help, never dreaming she'll discover in him a man who matches her appetite for life and passion.

Hoyt, Elizabeth

## *To Seduce a Sinner*

Will both Viscount Vale's and Melisande Flemming's secrets ruin them once their marriage of convenience becomes the real thing?

Rosenthal, Pam

## *The Edge of Impropriety*

Romance novelist, Countess Marina Wyatt has a checkered past, but she heads down a dangerous road when she falls for art appraiser, Jasper Hedges.

James, Eloisa

## *Duchess by Night*

Harriet, Duchess of Berrow, decides to disguise herself in order to secretly attend Lord Justinian's raucous party. Will her cover be blown when the host takes an unusual interest in her?

Morse, Pamela

## *Last Dance at Jitterbug Lounge*

Jack and Claire Crabtree were once happily married, but separate interests have left them ready to separate. Now, Jack's beloved grandfather has suffered a stroke and Jack and Claire get to see the love and devotion that is the basis of Bud's seventy years of marriage.

Law, Susan Kay

## *The Paper Marriage*

Ann McCray's husband has been in a coma for twelve years as a result of an auto accident. Ann lives alone in what was their dream house, feeling that life has been unfair, until Tom Nash and his purple-haired daughter move next-door.

Meissner, Susan

## *The Shape of Mercy*

Lauren Dorough takes a part-time job from 83-year-old Abigail Boyles, who asks Lauren to transcribe the journal entries of her ancestor Mercy Hayworth, a victim of the Salem witch trials. The strength of her affinity with Mercy forces Lauren to take a startling new look at her own life, including her relationships with Abigail, her college roommate, and a young man named Raul.

*Best picks by Jo-Ann Carhart*

## **Maus: A Survivor's Tale: My Father Bleeds History by Art Spiegelman** **YA COMIC MAU**

The author-illustrator traces his father's imprisonment in a Nazi concentration camp through a series of disarming and unusual cartoons arranged to tell the story as a novel.

## **Into the Volcano: a graphic novel by Don Wood** **YA COMIC INTO**

While their parents are away doing research, brothers Duffy and Sumo Pugg go with their cousin, Mister Come and Go, to Kokalaha Island, where they meet Aunt Lulu and become trapped in an erupting volcano.

## **Watchmen by Alan Moore, writer** **YA COMIC WAT**

Exceptional graphic artwork brings to life the story of the Watchmen as they race against time to find a killer, with the fate of the world hanging in the balance.

## *Children's*

## **Star Wars: Clone Wars. Adventures: Volume 1 script by Haden Blackman** **J GRAPHIC STA**

Obi-wan Kenobi and Anakin Skywalker take on the dreaded Shadowmen on the night-world of Nivek. Enjoy all the Star Wars, Clone Wars adventures!

## **Babymouse: Queen of the World by Jennifer L.Holm & Matthew Holm** **J GRAPHIC BAB**

An imaginative mouse dreams of being queen of the world, but will settle for an invitation to the most popular girl's slumber party. Enjoy all of Babymouse's adventures.

## **Introducing Kyla May Miss. Behaves written & illustrated by Kyla May** **J GRAPHIC MAY**

Kyla May writes in her journal about her life, her family and her many daydreams, which repeatedly get her in trouble at the Melbourne, Australia creative arts school she attends.

## **Owly. The Way Home and The Bittersweet Summer by Andy Runton** **J GRAPHIC OWL**

Owly and Wormy who enjoy bird watching and befriend Tiny and Angel, two hummingbirds who come to drink nectar from Wormy's flowers. Enjoy the other adventures of Owly and Wormy.

## **Bone by Jeff Smith** **J GRAPHIC BON**

The adventure starts when cousins Fone Bone, Phoney Bone and Smiley Bone are run out of Boneville and later get separated and lost in the wilderness, meeting monsters and making friends as they attempt to return home.

*Best Picks by Ann Gomez*

# NON FICTION

***Musicophilia: Tales of Music and the Brain* by Sacks, Oliver**

781.11 SAC

Oliver Sacks examines the power of music to heal through the individual experiences of patients, musicians, and everyday people. Although Sacks' book focuses on individuals suffering from neurological conditions, the compelling tales featured in this book will reveal the significant psychological and physiological effects that music can have on us all.

***When You are Engulfed in Flames* by Sedaris, David**

814.54 SED

This collection of essays celebrates the misadventures of the author's life in France and America. Sedaris' ability to wring extraordinary humor from the mundane makes his essays addictive – you won't be able to stop at just one.

***The Geography of Bliss: One Grump's Search for the Happiest Places in the World* by Weiner, Eric** 910.4 WEI

Using a mixture of travel, psychology and science, Weiner investigates the areas of the world where people are happiest in the hopes of unlocking the secret to happiness. This entertaining book draws insightful conclusions that may, at least, keep you joyful while reading it.

***Columbine* by David Cullen**

373.7888 CUL

Ten years after the school massacre, Cullen re-examines the details of the tragedy, attempting to discover the motivations of the killers, dispel the myths surrounding that day, and give voice to those who coped with the grief in the aftermath. A chilling, poignant book.

***This Land is Their Land: Reports From a Divided Nation* by Barbara Ehrenreich**

973.93 EHR

Ehrenreich presents a satirical commentary on the class inequalities in our society. Rather than being a treatise on the mistreatment of the poor, however, Ehrenreich, focuses on injustices done to the working and middle classes by the marriage of corporations and government. Do not read while eating.

*Best picks by Gus Isaksson*

wrong turns, he is back in the courtroom. When his famed former colleague Jerry Vincent is murdered, Haller inherits the biggest case he's ever had, defending Walter Elliot, a prominent Hollywood producer accused of murdering his wife and her lover.

***The Steel Wave* by Jeff Shaara**

A fictional account of D-Day and the Allied invasion of Europe chronicles the events of the World War II campaign and the personalities who took part, from the ordinary soldiers on the land and in the air, to such leaders as Dwight Eisenhower, George Patton, and Omar Bradley, as their efforts changed the course of the war. A journalistic style underscores the drama of events, and the engaging portrayals add to the immediacy of the novel.

***Blue Heaven* by C.J. Box**

A twelve-year-old girl and her younger brother go on the run in the woods of North Idaho, pursued by four men they have just watched commit murder--four men who know exactly who William and Annie are, and who know exactly where their desperate mother is waiting for news of her children's fate. Retired cops from Los Angeles, the killers easily persuade the inexperienced sheriff to let them lead the search for the missing children. William and Annie's unexpected savior comes in the form of an old-school rancher teetering on the brink of foreclosure.

***South of Broad* by Pat Conroy**

Eighteen-year-old Leopold Bloom King, the son of Jasper and Lindsay King, is a deeply misunderstood teenager. Named after a character in Ulysses by his James Joyce-loving mother (who also happens to be the school principal and an ex-nun), Leo has spent much of his childhood trying to make sense of the suicide of the older brother he "idol-worshipped," Steve, and his strained relationship with his icy, overbearing mother (who insists her own son call her "Dr. King"). Steve's suicide shocked and devastated the King family, throwing Leo into a tailspin of anger, panic and depression. After years of therapy and self-imposed exile, Leo vows that the summer of 1969 will be his fresh start. Over the course of the next few months, the once friendless Leo King meets and befriends an eccentric cast of characters. Conroy is a natural at weaving great skeins of narrative, and this one will prove a great pleasure to his fans.

***Girl With the Dragon Tattoo* by Stieg Larsson**

The disappearance forty years ago of Harriet Vanger, a young scion of one of the wealthiest families in Sweden, gnaws at her octogenarian uncle, Henrik Vanger. He is determined to know the truth about what he believes was her murder. He hires crusading journalist Mikael Blomkvist, recently at the wrong end of a libel case, to get to the bottom of Harriet's disappearance. Lisbeth Salander, a twenty-four-year-old, pierced, tattooed genius hacker, possessed of the hard-earned wisdom of someone twice her age--and a terrifying capacity for ruthlessness--assists Blomkvist with the investigation. This unlikely team discovers a vein of nearly unfathomable iniquity running through the Vanger family, an astonishing corruption at the highest echelon of Swedish industrialism--and a surprising connection between themselves.

*Best picks by Deborah Elwarari*

# FICTION BOOKS

## **That Old Cape Magic** by Richard Russo

That Old Cape Magic was supposed to be a short story—and then grew to be a novella—and then totally took on a life of its own and became a wonderfully amusing novel. This is the story of a marriage, told mostly from the point of view of the husband, Jack Griffin, whose life has been shaped by his parents marriage and their choice of the best spot to vacation in the world—Cape Cod. There are scenes that make you laugh aloud, followed by scenes of acute heartbreak.

## **Dangerous Laughter** by Steven Millhauser

A new compilation of short fiction by the Pulitzer Prize-winning author of Martin Dressler features thirteen tales, including "Cat 'n' Mouse," a reimagining of the conflict between cartoon rivals, along with stories grouped into three sections--Vanishing Acts, Impossible Architectures, and Heretical Histories.

## **A Mercy** by Toni Morrison

In exchange for a bad debt, an Anglo-Dutch trader takes on Florens, a young slave girl, who feels abandoned by her slave mother and who searches for love--first from an older servant woman at her master's new home, and then from a handsome free blacksmith--in an evocative novel set against late seventeenth-century America, by the Nobel Prize-winning author of Beloved.

## **Netherland** by Joseph O'Neill

In a New York City made phantasmagorical by the events of 9/11, Hans--a banker originally from the Netherlands--finds himself marooned among the strange occupants of the Chelsea Hotel after his English wife and son return to London. Alone and untethered, feeling lost in the country he had come to regard as home, Hans stumbles upon the vibrant New York subculture of cricket, where he revisits his lost childhood and, thanks to a friendship with a charismatic and charming Trinidadian named Chuck Ramkissoon, begins to reconnect with his life and his adopted country.

## **2666** by Robert Bolano

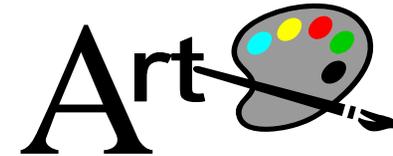
Three academics on the trail of a reclusive German author ; a New York reporter on his first Mexican assignment ; a widowed philosopher ; a police detective in love with an elusive older woman--these are among the searchers drawn to the border city of Santa Teresa, where over the course of a decade, hundreds of women have disappeared.

## **Unaccustomed Earth** by Jhumpa Lahiri

Exploring the secrets and complexities lying at the heart of family life and relationships, a collection of eight stories includes the title work, about a young mother in a new city whose father tends her garden while hiding a secret love affair, as well as "Hema and Kaushik". *Unaccustomed Earth* is rich with Jhumpa Lahiri's signature gifts: exquisite prose, emotional wisdom, and subtle renderings of the most intricate workings of the heart and mind. It is a masterful, dazzling work of a writer at the peak of her powers.

## **The Brass Verdict** by Michael Connelly

Things are finally looking up for defense attorney Mickey Haller. After two years of



## **Art: Over 2,500 Works From Cave to Contemporary** [Art 709 Art]

A lavishly illustrated work filled with information about looking at art through specific artists, periods, and national perspectives.

## **Bronzino** By Charles McCorquodalle [Art 759.5 Bronzino z Mac]

A survey of the works of Agnolo Bronzino, a contemporary of Raphael, Michelangelo and Titian.

## **History of Architecture: From Classic to Contemporary**

By Rolf Toman [Q720.9 His]

A heavily illustrated chronological history of architecture through each period, era and age.

## **How to Market and Sell Your Art, Music, Photographs, and Handmade Crafts Online** By Lee Rowley [745.5068 Row]

For people who would like to make a living from their art.

## **Seven Days in the Art World** By Sarah Thornton [709.05 Tho]

In a series of day-in-the-life narratives, the author provides an insight into an art auction, studio, fair, magazine, seminar and festival. You can't get more inside the entire art world than this.

## **Subway Art: 25<sup>th</sup> Anniversary Edition** By Martha Cooper

[Art 751.7309 Co0]

A large book filled with photographs of well-known graffiti art, with a short introduction and epilogue.

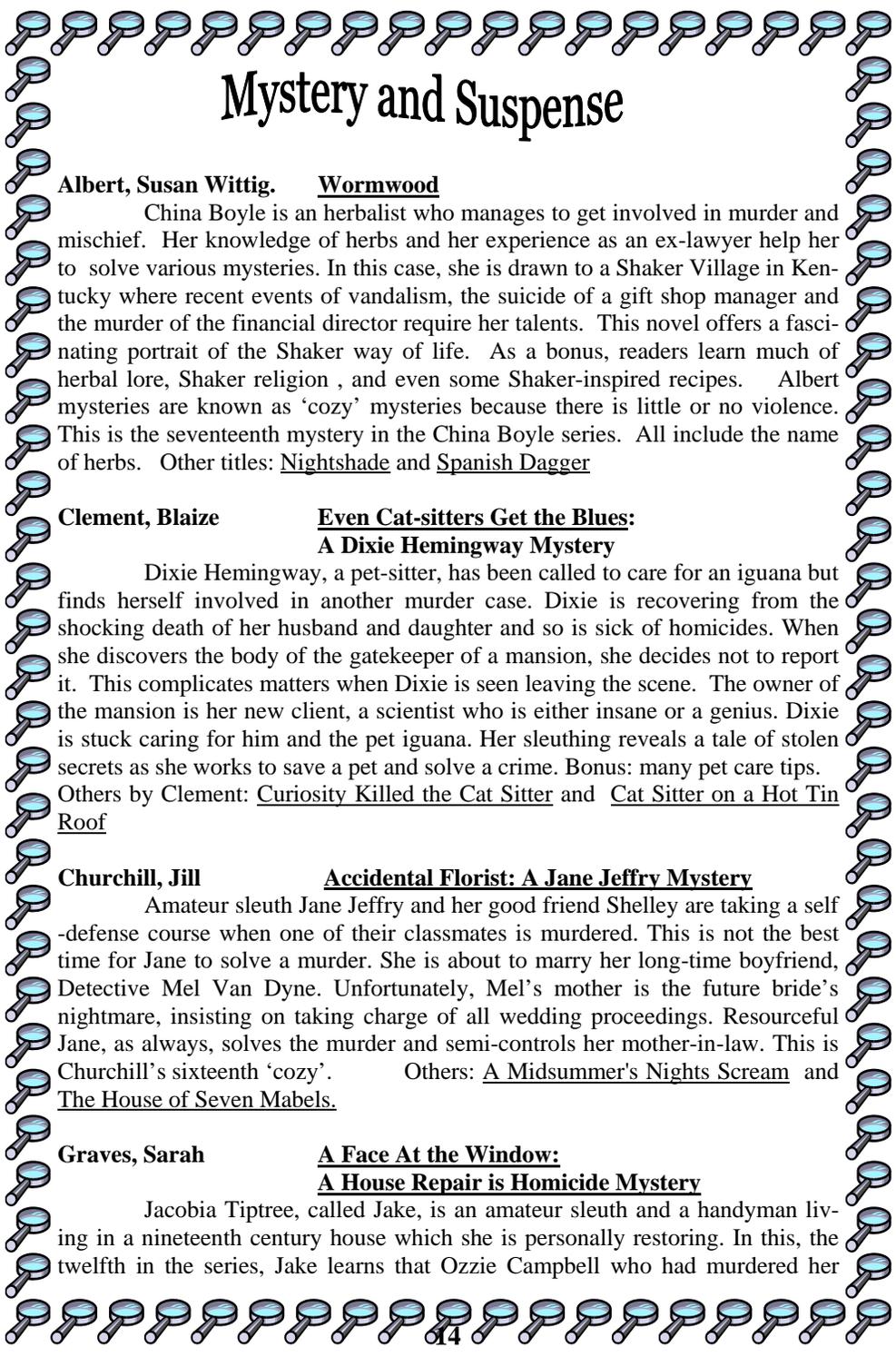
## **The Art of Buying Art: An Insider's Guide to Collecting Contemporary Art** By Paige West [Art 707.5 Wes]

All you need to know about collecting contemporary art.

## **Vermeer** By Christopher Wright [Art 759.9492 Vermeer z Wri]

This book is a major contribution to the understanding and appreciation of Vermeer as it illustrates, often with details, all his known work.

*Best Picks by Brian Bonelli*



# Mystery and Suspense

## **Albert, Susan Wittig. Wormwood**

China Boyle is an herbalist who manages to get involved in murder and mischief. Her knowledge of herbs and her experience as an ex-lawyer help her to solve various mysteries. In this case, she is drawn to a Shaker Village in Kentucky where recent events of vandalism, the suicide of a gift shop manager and the murder of the financial director require her talents. This novel offers a fascinating portrait of the Shaker way of life. As a bonus, readers learn much of herbal lore, Shaker religion, and even some Shaker-inspired recipes. Albert mysteries are known as ‘cozy’ mysteries because there is little or no violence. This is the seventeenth mystery in the China Boyle series. All include the name of herbs. Other titles: Nightshade and Spanish Dagger

## **Clement, Blaize Even Cat-sitters Get the Blues: A Dixie Hemingway Mystery**

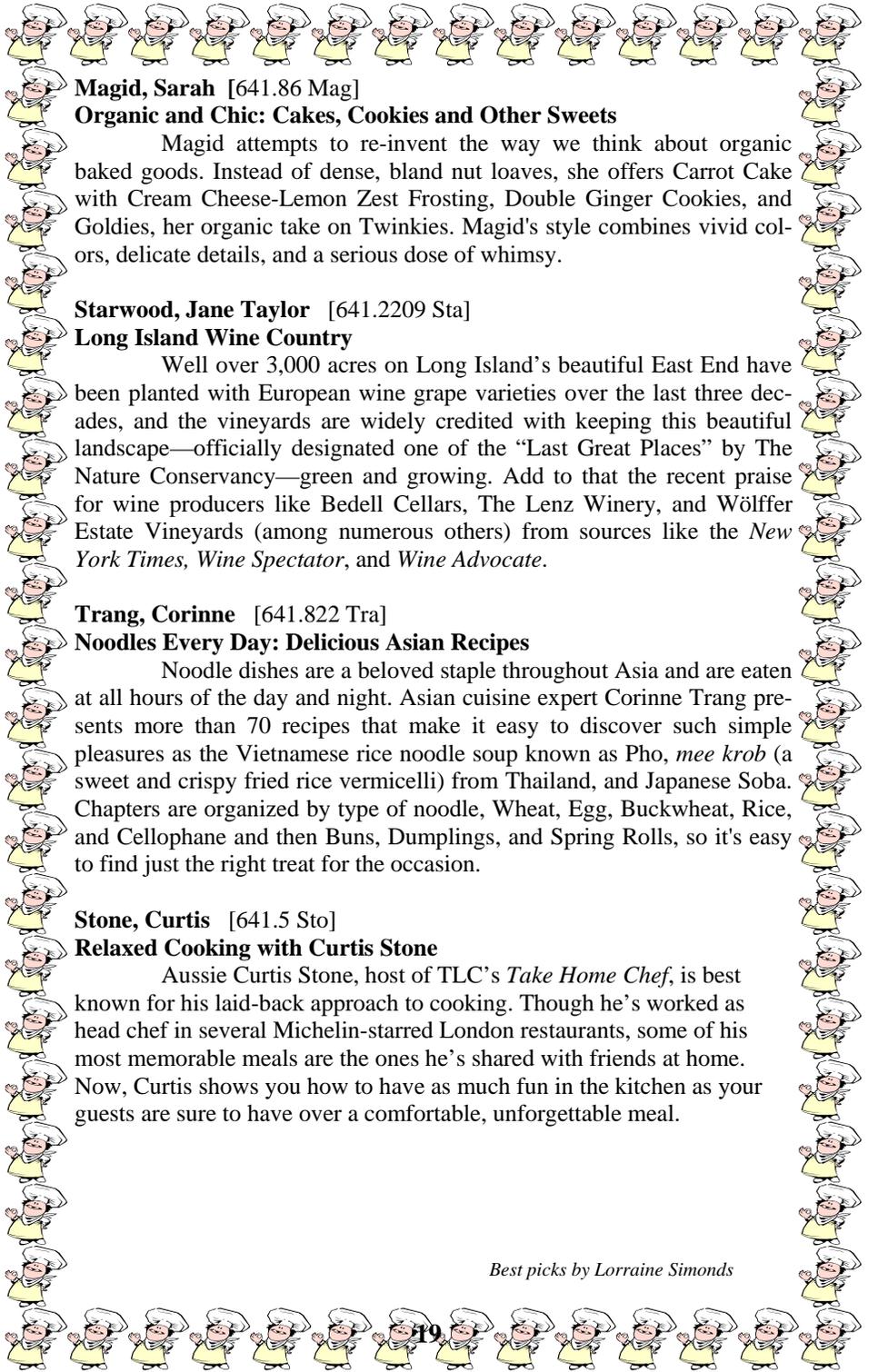
Dixie Hemingway, a pet-sitter, has been called to care for an iguana but finds herself involved in another murder case. Dixie is recovering from the shocking death of her husband and daughter and so is sick of homicides. When she discovers the body of the gatekeeper of a mansion, she decides not to report it. This complicates matters when Dixie is seen leaving the scene. The owner of the mansion is her new client, a scientist who is either insane or a genius. Dixie is stuck caring for him and the pet iguana. Her sleuthing reveals a tale of stolen secrets as she works to save a pet and solve a crime. Bonus: many pet care tips. Others by Clement: Curiosity Killed the Cat Sitter and Cat Sitter on a Hot Tin Roof

## **Churchill, Jill Accidental Florist: A Jane Jeffry Mystery**

Amateur sleuth Jane Jeffry and her good friend Shelley are taking a self-defense course when one of their classmates is murdered. This is not the best time for Jane to solve a murder. She is about to marry her long-time boyfriend, Detective Mel Van Dyne. Unfortunately, Mel’s mother is the future bride’s nightmare, insisting on taking charge of all wedding proceedings. Resourceful Jane, as always, solves the murder and semi-controls her mother-in-law. This is Churchill’s sixteenth ‘cozy’. Others: A Midsummer’s Nights Scream and The House of Seven Mabels.

## **Graves, Sarah A Face At the Window: A House Repair is Homicide Mystery**

Jacobia Tiptree, called Jake, is an amateur sleuth and a handyman living in a nineteenth century house which she is personally restoring. In this, the twelfth in the series, Jake learns that Ozzie Campbell who had murdered her



## **Magid, Sarah [641.86 Mag]**

### **Organic and Chic: Cakes, Cookies and Other Sweets**

Magid attempts to re-invent the way we think about organic baked goods. Instead of dense, bland nut loaves, she offers Carrot Cake with Cream Cheese-Lemon Zest Frosting, Double Ginger Cookies, and Goldies, her organic take on Twinkies. Magid’s style combines vivid colors, delicate details, and a serious dose of whimsy.

## **Starwood, Jane Taylor [641.2209 Sta]**

### **Long Island Wine Country**

Well over 3,000 acres on Long Island’s beautiful East End have been planted with European wine grape varieties over the last three decades, and the vineyards are widely credited with keeping this beautiful landscape—officially designated one of the “Last Great Places” by The Nature Conservancy—green and growing. Add to that the recent praise for wine producers like Bedell Cellars, The Lenz Winery, and Wölffer Estate Vineyards (among numerous others) from sources like the *New York Times*, *Wine Spectator*, and *Wine Advocate*.

## **Trang, Corinne [641.822 Tra]**

### **Noodles Every Day: Delicious Asian Recipes**

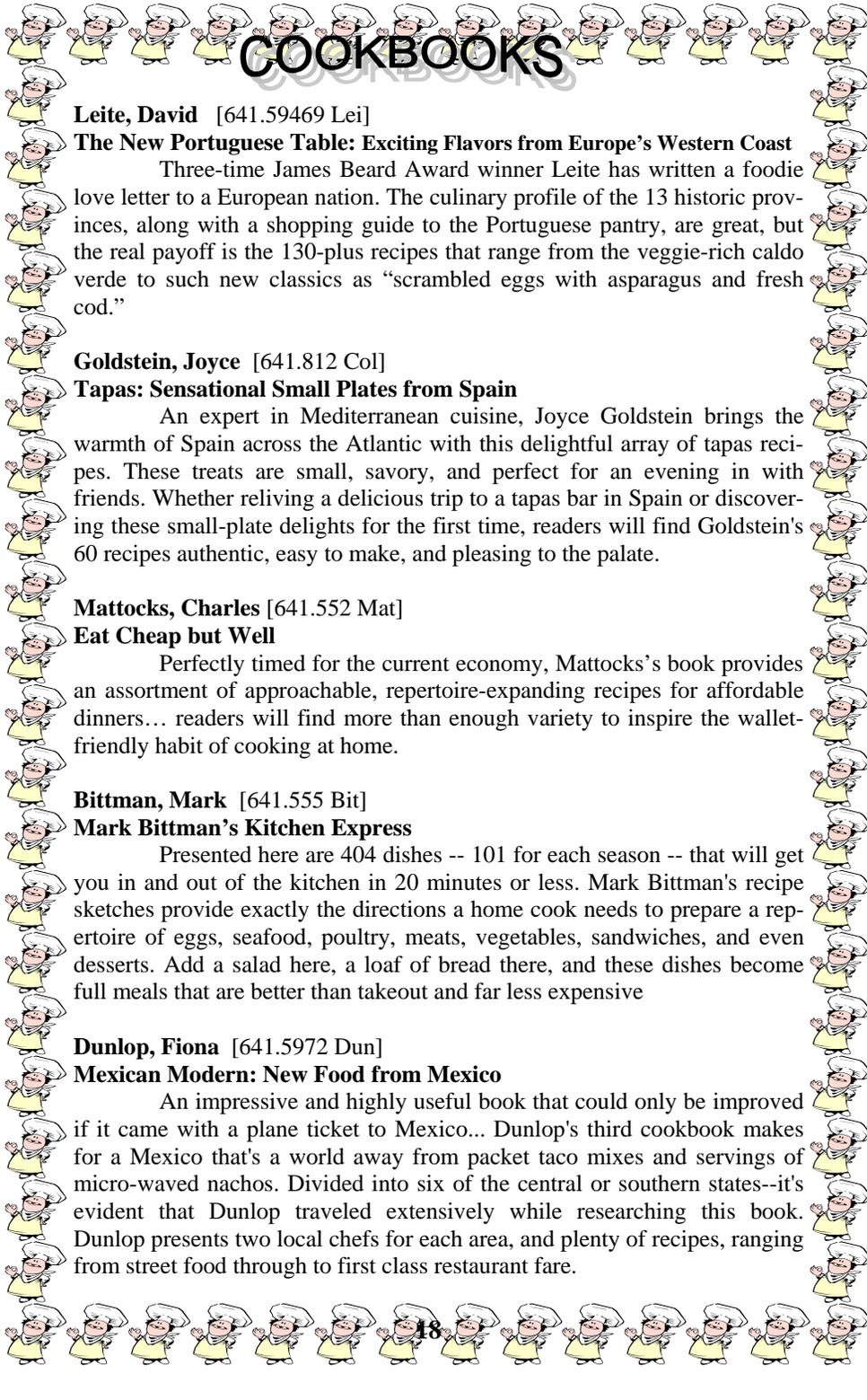
Noodle dishes are a beloved staple throughout Asia and are eaten at all hours of the day and night. Asian cuisine expert Corinne Trang presents more than 70 recipes that make it easy to discover such simple pleasures as the Vietnamese rice noodle soup known as Pho, *mee krob* (a sweet and crispy fried rice vermicelli) from Thailand, and Japanese Soba. Chapters are organized by type of noodle, Wheat, Egg, Buckwheat, Rice, and Cellophane and then Buns, Dumplings, and Spring Rolls, so it’s easy to find just the right treat for the occasion.

## **Stone, Curtis [641.5 Sto]**

### **Relaxed Cooking with Curtis Stone**

Aussie Curtis Stone, host of TLC’s *Take Home Chef*, is best known for his laid-back approach to cooking. Though he’s worked as head chef in several Michelin-starred London restaurants, some of his most memorable meals are the ones he’s shared with friends at home. Now, Curtis shows you how to have as much fun in the kitchen as your guests are sure to have over a comfortable, unforgettable meal.

*Best picks by Lorraine Simonds*



# COOKBOOKS

**Leite, David** [641.59469 Lei]

**The New Portuguese Table: Exciting Flavors from Europe's Western Coast**

Three-time James Beard Award winner Leite has written a foodie love letter to a European nation. The culinary profile of the 13 historic provinces, along with a shopping guide to the Portuguese pantry, are great, but the real payoff is the 130-plus recipes that range from the veggie-rich caldo verde to such new classics as "scrambled eggs with asparagus and fresh cod."

**Goldstein, Joyce** [641.812 Col]

**Tapas: Sensational Small Plates from Spain**

An expert in Mediterranean cuisine, Joyce Goldstein brings the warmth of Spain across the Atlantic with this delightful array of tapas recipes. These treats are small, savory, and perfect for an evening in with friends. Whether reliving a delicious trip to a tapas bar in Spain or discovering these small-plate delights for the first time, readers will find Goldstein's 60 recipes authentic, easy to make, and pleasing to the palate.

**Mattocks, Charles** [641.552 Mat]

**Eat Cheap but Well**

Perfectly timed for the current economy, Mattocks's book provides an assortment of approachable, repertoire-expanding recipes for affordable dinners... readers will find more than enough variety to inspire the wallet-friendly habit of cooking at home.

**Bittman, Mark** [641.555 Bit]

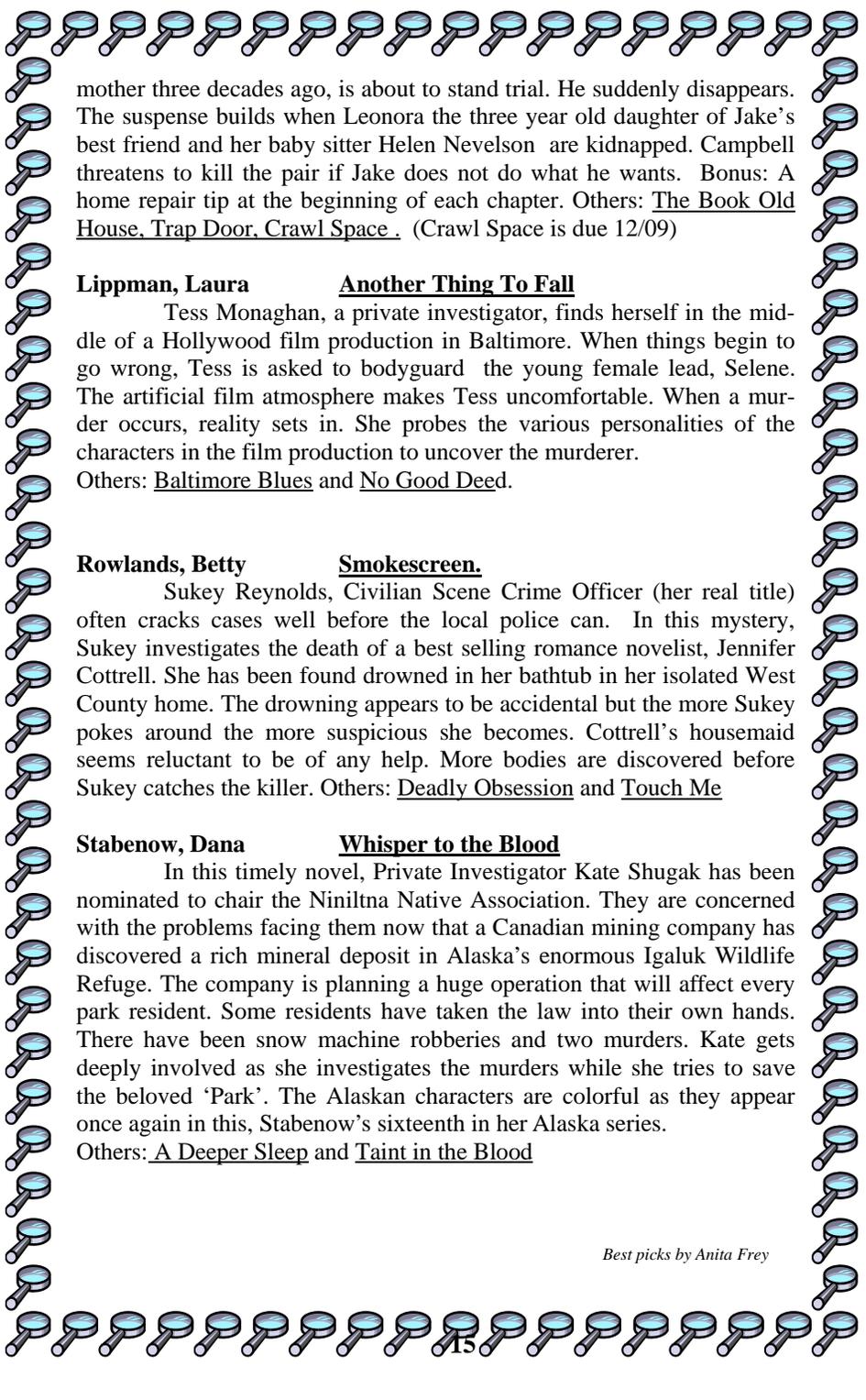
**Mark Bittman's Kitchen Express**

Presented here are 404 dishes -- 101 for each season -- that will get you in and out of the kitchen in 20 minutes or less. Mark Bittman's recipe sketches provide exactly the directions a home cook needs to prepare a repertoire of eggs, seafood, poultry, meats, vegetables, sandwiches, and even desserts. Add a salad here, a loaf of bread there, and these dishes become full meals that are better than takeout and far less expensive

**Dunlop, Fiona** [641.5972 Dun]

**Mexican Modern: New Food from Mexico**

An impressive and highly useful book that could only be improved if it came with a plane ticket to Mexico... Dunlop's third cookbook makes for a Mexico that's a world away from packet taco mixes and servings of micro-waved nachos. Divided into six of the central or southern states--it's evident that Dunlop traveled extensively while researching this book. Dunlop presents two local chefs for each area, and plenty of recipes, ranging from street food through to first class restaurant fare.



mother three decades ago, is about to stand trial. He suddenly disappears. The suspense builds when Leonora the three year old daughter of Jake's best friend and her baby sitter Helen Nevelson are kidnapped. Campbell threatens to kill the pair if Jake does not do what he wants. Bonus: A home repair tip at the beginning of each chapter. Others: The Book Old House, Trap Door, Crawl Space. (Crawl Space is due 12/09)

**Lippman, Laura** **Another Thing To Fall**

Tess Monaghan, a private investigator, finds herself in the middle of a Hollywood film production in Baltimore. When things begin to go wrong, Tess is asked to bodyguard the young female lead, Selene. The artificial film atmosphere makes Tess uncomfortable. When a murder occurs, reality sets in. She probes the various personalities of the characters in the film production to uncover the murderer.

Others: Baltimore Blues and No Good Deed.

**Rowlands, Betty** **Smokescreen**

Sukey Reynolds, Civilian Scene Crime Officer (her real title) often cracks cases well before the local police can. In this mystery, Sukey investigates the death of a best selling romance novelist, Jennifer Cottrell. She has been found drowned in her bathtub in her isolated West County home. The drowning appears to be accidental but the more Sukey pokes around the more suspicious she becomes. Cottrell's housemaid seems reluctant to be of any help. More bodies are discovered before Sukey catches the killer. Others: Deadly Obsession and Touch Me

**Stabenow, Dana** **Whisper to the Blood**

In this timely novel, Private Investigator Kate Shugak has been nominated to chair the Niniltna Native Association. They are concerned with the problems facing them now that a Canadian mining company has discovered a rich mineral deposit in Alaska's enormous Igaluk Wildlife Refuge. The company is planning a huge operation that will affect every park resident. Some residents have taken the law into their own hands. There have been snow machine robberies and two murders. Kate gets deeply involved as she investigates the murders while she tries to save the beloved 'Park'. The Alaskan characters are colorful as they appear once again in this, Stabenow's sixteenth in her Alaska series.

Others: A Deeper Sleep and Taint in the Blood

*Best picks by Anita Frey*

# HEALTH

***After the Cure: The Untold Stories of Breast Cancer Survivors***  
**by Emily K. Abel**

A professor and an assistant research sociologist, respectively, at the University of California, Los Angeles, Abel and Subramanian speak with scores of breast cancer survivors to explore, in depth, the post-treatment symptoms caused by radiation, chemotherapy and surgery, "giving voice to a neglected aspect of the breast cancer experience." [616.9944Abe]

***An Apple a Day***  
**by Joe Schwarcz**

Eat salmon. It's full of good omega-3 fats. Don't eat salmon. It's full of PCBs and mercury. Eat more veggies. They're full of good antioxidants. Don't eat more veggies. The pesticides will give you cancer. Forget your dinner jacket and put on your lab coat: you have to be a nutritional scientist these days before you sit down to eat. In *An Apple a Day*, Schwarcz takes his thorough knowledge of food chemistry, applies it to today's top food fears, trends, and questions, and leavens it with his trademark lighthearted approach. The result is both an entertaining revelation of the miracles of science happening in our bodies every time we bite into a morsel of food, and a telling exploration of the myths, claims, and misconceptions surrounding our obsession with diets, nutrition, and weight. [363.8 Sch]

***The Doctors Book of Food Remedies : The Latest Findings on the Power of Food to Treat and Prevent Health Problems--from Aging and Diabetes to Ulcers and Yeast Infections***  
**by Selene Yeager**

In recent years, scientists have discovered thousands of substances in foods that go way beyond vitamins and minerals for pure healing power. *The Doctors Book of Food Remedies* shows how to use Mother Nature's "healing foods" to lose weight, prevent cancer, reverse heart disease, cleanse arteries, unleash an explosion of new energy, lower cholesterol, look and feel years younger, and much, much more. [615.854 Yea]

***Emotional Awareness: Overcoming the Obstacles to Psychological Balance and Compassion: A Conversation Between the Dalai Lama and Paul Ekman, PhD. edited***  
**by Paul Ekman**

The Dalai Lama and a groundbreaking psychologist present a collaborative work about human emotions and spirituality that bridges Eastern and Western philosophies to cover such topics as the sources of hate and compassion and the plausibility of forgiveness. [152.4 Emo]

***Healing the New Childhood Epidemics: Autism, ADHD, Asthma and Allergies: the Groundbreaking Program for the 4-A Disorders***  
**by Kenneth Bock**

A groundbreaking, biomedical approach to dealing with four common childhood disorders--autism, ADHD, asthma, and allergies--examines the underlying environmental and genetic causes of the increase in the ailments and explains how to reverse systemic toxicity through a program of diet, supplementation, detoxification, and medication. [618.9285 Boc]

***Know Your Chances: Understanding Health Statistics***  
**by Steve Woloshin**

Assaulted by incomplete, misleading, and overstated health messages by the media, health journals, and pharmaceutical companies, the general public is poorly prepared in how to read the information critically, how to assess credible evidence, and how to interpret statistics. The authors here set out to correct these shortcomings by explaining how to understand risk, judge the benefit of health interventions, and consider outcomes. [614.42 Wol]

***Living Agelessly: Answers to Your Most Common Questions About Aging Gracefully***  
**by Linda J. Altoonian**

A comprehensive guide to managing the practical and psychological aspects of caring for aging parents describes the author's premise about the controllability of aging through lifestyle choices while outlining recommendations for creating a safe environment, bolstering mental activity, and promoting physical and spiritual well-being. [646.79 Alt]

***Second Journey: The Road Back to Yourself***  
**by Joan Anderson**

Describes the melee of family and professional responsibilities that threw the lifestyle consultant author's own life into chaos, documenting the intervention staged by her friends and family members that convinced her to take the same advice she gives to her clients. [155.633 And]

*Best Picks* by Kassia Worst